



## THE WHOLE WORLD ESSENCE FOR SPIRITUAL GROWTH

### Aluna Joy's Sacred Site Essences

#### Lake Atitlan ~ Bridging the Worlds Essence.

For the Tz'utujil people, Lake Atitlan represents the most important body of water because it was the place where the world first emerged. We believe this is a place where the energy of the new world is beginning to emerge as of the beginning of 2009 now. Lake Atitlan is considered the first of all things; the ocean comes second. The ancient Maya version of the creation contained in the Popol Vuh says that the world came into being when mountains rose out of a primordial expanse of water at Lake Atitlan which was the beginning of the present age. Lake Atitlan is considered a navel of the Earth. We used Lake Atitlan water drawn from the navel point of the Lake for this essence! Then the water was blessed during a Kiche Maya ceremony offered by Don Rigoberto of Momostenango, to bring great healing into the world. We feel this essence will build an essential bridge between the world which we are leaving, and to the world which we are entering.

#### Copan ~ The Heart of the Future Essence.

March 25th, 2009 ~ Copan represents the Ethers and is also a bridge between worlds. Copan is called "VALLEY OF KINGS". We made this essence in two places in this site. The first was at the bottom of the stairway to the SUN a.k.a. the hieroglyphic stairway. The second place was at the feet of Stele B. At both locations, we could see a golden light flow into the essence bowl. The essence is infused with the Heart of the Future and will help the user to birth a new heart for the new world which we are entering. It holds a much needed physical and spiritual strength and authentic nobility in this essence. But it also has great heart and indescribable peace.

#### The King's Chamber - The Living Merkaba - 13th Code Essence.

This is an essence that contains the living experience of the creative force of the universe, the Merkaba, that can bring about ascension and personal Masters. Remember that what you put your attention on is what you will manifest.

#### Dendarah ~ The Hathor and Sky Goddess Nut

**Essence.** The power of creation and the remembrance of the ascension into being fully human.

**Philae ~ The Heart of Conscious Creation Essence.** This essence is an inoculation of PURE HEART ENERGY to help activate conscious creating and awakened community. The Guardians of Philae said... The essence will be a long awaited inoculation of the collective heart. It will inoculate the planet by taking this energy of Conscious Creation and Conscious Community out into the world. By inoculating the planet, we help everyone find the home and light that is in each heart.

**Delphi ~ The Oracle Essence.** This essence helps trigger and enhance deep vision. It acts like a psychic crowbar in which one can see through the illusions of the world.

**The Holy Thorn Tree Essence.** Anchoring perseverance and tolerance of the living Christ within our hearts. This essence is a gentle rooting of a greater awareness of Christ consciousness that brings along with this a sense of well being and perfect regeneration. It assists with perseverance and tolerance in challenging times. It is a very calming, restful and nurturing essence.

**The Return of King Arthur's Camelot Essence.** A rebirth of paradise that was a vision of Avalon and Camelot. Made at the secret King Arthur's final resting place at St. John the Baptist church, in Glastonbury, on the St Michael of the Tor energy line on 11/02/2007. An essence to quietly awaken the high ideals of truth and light of paradise within our hearts. To re-awaken the secret wisdom of a life of honor, fairness and impeccability.

**The Chalice Well Essence.** The resurrection of sacred guardianship. Made on Chalice Well at a sacred crossing of the Michael and Mary lines beneath the Lion's Head with Chalice Well Spring water and the Yew Tree, on 11/02/2007. This essence is infused with a little branch of the ancient Yew Tree that is considered to be an ancient guardian or sentinel for sacred sites. This essence maintains the sacred energy of healing, transformation, resurrection and rebirth, longevity, and sacred guardianship.

**Machupicchu's Moon Temple "The Fire Water".** Ignites the CRYSTAL FIRE LIGHT of GOD Within Oneself. Grandmother said that now any one who drank this essence would ignite the crystal fire light energy of GOD within oneself. \*\*\* *This essence comes from Aluna's private stash of extinct essences. It is only available in this essence.*

#### Machu Picchu - Light Net in the Temple of the Heart.

This essence was made with the assistance of the Star Elders and Andean Masters at the TEMPLE of the HEART in 1999. This essence helps facilitates a net of light between lightworkers. Use for anchoring groups and creating an expanded net of light within our global community. . \*\*\* *This essence comes from Aluna's private stash of extinct essences. It is only available in this essence.*

**Lake Titicaca, Peru.** Entering the inner cities, and connecting with the Masters of South America. \*\*\* *This essence comes from Aluna's private stash of extinct essences. It is only available in this essence.*

#### Ceremony of the Heart. Heart Opening - Heart Clearing.

Spirit conveyed the message that we can't reclaimed paradise or enter a promised land with the heart closed. \*\*\* *This essence comes from Aluna's private stash of extinct essences. It is only available in this essence.*

#### Grand Canyon ~ Hopi Point. Expansion Opening to Higher Realms - Bridge to a New World.

**Ollantaytambo - Purification.** Illuminate the Mind and Heart. Infused with Love, Peace and the blessings of Ollantaytambo.

**Stone on ICA - Universal Memory.** The Stone of Ica was carved by Star Elders over 60 million years ago. When we are exposed to an Ica Stone, we activate our living library within our DNA... our universal memory.

**Peruvian Opal Gem.** Clears and Deepens Dreams - Helps deepen and clarify meditation and dream states, and activates healing powers to clear emotional blocks with ease and grace. To anchor the quiet whisper of the mystical side of the Andes.

**Tambomachay Peru.** Calling and connecting with the sacred mountains... the Apus, frequency of Ancient ceremony - honor of Mother Earth/Cosmic Earth made during a Quero ceremony. \*\*\* *This essence comes from Aluna's private stash of extinct essences. It is only available in this essence.*

**The Enchanted Age** *This new Essence was made on Equinox eve in Machu Picchu on a hanging rock that seems to float between worlds, right in an energy doorway that links Machu Picchu with Apu Putukisi (the Enchanted Mountain) which is home to an Inter-dimensional City! The Masters asked us to turn around, move into the future and let go of the past. Looking at the essence bowl, the mountains appeared upside down. We felt this was a profound message about the grand turn around in consciousness ahead of us all. . \*\*\* *This essence comes from Aluna's private stash of extinct essences. It is only available in this essence.**

\* **Angel's Trumpet** - Spiritual surrender for deep transformation; opening the heart to the spiritual world.

\* **Angelica** - Feeling protection and guidance from spiritual beings, especially during life changing experiences. Clears old patterns beliefs.

\* **California Poppy** - Finding spirituality within the heart; balancing light and love; developing an inner center of knowing.

\* **Chrysanthemum** - Shifting the ego identification from one's personality to a higher spiritual identity; Transpersonal and transcendent.

\* **Lavender** - Spiritual sensitivity, highly refined awareness. Balances nervousness and/or over-stimulation of spiritual forces.

\* **Lotus** - Open and expansive spirituality, meditative insight and synthesis. Clears Spiritual pride, inflated spirituality.

\* **Mullein** - Strong sense of inner conscience, truthfulness, uprightness. Hearing the inner voice, clearing confusion and indecisiveness.

\* **Purple Monkeyflower** - Inner calm / clarity when experiencing any spiritual / psychic phenomenon; courage to trust in one's own spiritual guidance; love-based rather than fear-based spirituality.

\* **Queen Anne's Lace** - Spiritual insight and vision; integration of psychic faculties with sexual and emotional aspects of self.

\* **Sage** - Drawing wisdom from life experience; reviewing and surveying one's life process from a higher perspective.

\* **Sagebrush** - "EMPTY" consciousness, deep awareness of the inner Self, capable of transformation and change. Clears illusory parts of oneself; purifying and cleansing. Releases dysfunctional aspects.

\* **Saguaro** - Awareness of what is ancient and sacred, a sense of tradition or lineage; ability to learn from elders. Clears conflicts with images of authority, sense of separateness or alienation from the past.

\* **Star Tulip** - Sensitive and receptive attunement; serene, inner listening to others and to higher worlds, especially in dreams and meditation. Clears the feelings of being hardened or cut-off.

\* **Iris** - A bridge between Heaven and Earth. Opens creativity within the soul and sources of higher inspiration. Radiant vision and perspective.

**Olive** - Strength and endurance. Helps us tap into a source of strength beyond our limited physical resources and draw sustenance from our connection to the spiritual world.

From STAR FLOWER ESSENCES... [www.staessence.com](http://www.staessence.com)

\* **DOORWAY TO THE HEART** - *San Pedro Cactus Flower.* Can open and clear the heart.

\* **I AM GRATITUDE** - *Yuyu (Mustard)* Divine love with gratitude. Magnifies higher octave love energy.

\* **MASTER TEACHER** - *Chiri Sanango* Connects you with the overlighting deva of healing & expansion.

\* **INTEGRATION - MUTUYU** Balances the mental & emotional in preparation for the 5th dimensional reality.

\* **13TH GATE** - Integrating the energies of 13. hummingbird medicine. Pleasant and peaceful.

\* **INOCENCIA COCA** - Ceremony / healing / stamina - reinvigorating/ true service. Align will & intent.

\* **PURIFICATION - Muña** Connection to guides, pass through multidimensional veils with balance & love.

\* **HIGH FREQUENCY** - Opens channels to the highest dimensions and to the ascension energies.

\* **ANCIENT WISDOM** - Enhances awareness to the wisdom of the ancients that is returning.

\* **ANCHORING WISDOM** - Consciously serving as a divine instrument for anchoring light.

\* **ONE HEART** - Oneness, unity, unconditional love.

\* **SACRED UNION** - A vibrational catalyst to move you to a new level of heavenly union. We also added **Illumination.... Loving Thoughts...** and the **BEST ONE CELEBRATION!**

## FOR GROUP HARMONY

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#### NEW Chief Ouray ~ Peace, Patience, and Diplomacy.

Made on July 28th, 2009 during the Fire the Grid II Activation and in the heart of the eclipse trio. (July 7, July 21-22 and August 5-6). It was created high in the magical San Juan Mountains in South Western Colorado, at an elevation of 7,700 feet, in the peaceful community of Ouray, Colorado, water from the Chief Ouray's Hot Springs cave just a mere 200 feet from Chief Ouray's hunting cabin. He shared the cabin with his wife, Chipeta. *Use this essence to inspire a confident, powerful, and unshakable presence of PEACE laced with unending PATIENCE and tenacious DIPLOMACY.* These will be much needed qualities for us to help unify humanity in the days and year ahead of us. Use with reverence and respect for all life.

\* **Yellow Star Tulip** - Empathy and receptivity to the feelings and experiences of others

\* **Quaking Grass** - Balancing individual sense with needs of group. Harmonious social consciousness;

\* **Violet** - Highly perceptive sensitivity, elevated spiritual perspective; remaining true to oneself.

\* **Goldenrod** - Grounded sense of self balanced with group or social consciousness. True to ones self.

\* **Shooting Star** - Humanized grounded Spirituality, Earthy cosmic consciousness. Finding home & feeling a part of a larger spiritual family.

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\* **FREEDOM/LIBERTAD** ~ Manifestation ~ Ascension. Freedom to express your heart.

\* **ETERNAL YOUTH** ~ Rejuvenation ~ Regeneration ~ Forever Young. Addresses homesickness.

**Balance and Stability** ~ Adapts to higher frequencies fast! Smooths energy ~ dimensional stability.

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